

FIRSTCALL



For Jefferson University and Hospital Faculty and Staff

- **Legal/Financial Consultation**

Free 30-minute consultation with an attorney or financial specialist. Discounted fees if you retain the professional. This service is extended to employee parents and parents-in-law as well. Free on-line legal/financial resource library at the **FIRSTCALL** website www.firstcalleap.org (Login: firstcall). Benefit also applies to employee's parents and parents-in-laws to use.

- **Free Short-Term Counseling**

No cost, confidential, professional, solution-focused counseling (up to 3 sessions per problem per year). There are no co-pays. Our counselors are fully licensed, insured, experienced therapists. You and members of your household are eligible for all employee assistance program benefits.

- **Convenient Appointments**

Appointments are available by calling our toll free number: **1-800-382-2377**. Have an appointment at our offices at 1015 Chestnut, Center City, or close to home.

- **Confidentiality**

Confidentiality of your information or record is maintained according to federal and state laws and ethical guidelines of counseling professions.

- **Counseling Services**

Marital/Family	Communication	Parenting	Domestic Violence
Divorce/Separation	Grief/loss	Compulsive Behavior	Depression/Anxiety
Health Problems	Substance Abuse	Financial Difficulties	Stress
Work-Related Problems	<u>24 Hour Live Coverage</u>		

- **Referral Services**

When additional services are needed for specialists, our counselors are experienced in assisting with referrals within your insurance network or to community resources.

- **FIRSTCALL Website**

www.firstcalleap.org A wealth of resources including "What's New at FIRSTCALL," our monthly eNewsletter, and Wellness@Work for valuable workplace-related features.

For more information or to set up an appointment, please call

1-800-382-2377