## RedBrick Health: Health screening guide Schedule a health screening with Jefferson Outpatient Laboratories, our partner lab or your provider.

## Health screenings must be completed between 9/2/17 – 9/1/18 and submitted to RedBrick by 9/1/18.

Go to **MyRedBrick.com/Jefferson** and log in to your RedBrick account. You may complete a health screening at an onsite event in the spring (where available), through Jefferson Outpatient Laboratories, a participating LabCorp or with your provider.

1. Click on the **SCHEDULE SCREENING** button on the home page. (Click **SEE RESULTS** to find results from past screenings. You can also access the results page from the menu in the upper left.



2. A window will pop up explaining your options.



Here are your options:

- Schedule a health screening with your primary care physician. Be sure to bring the <u>Health Screening Form</u> with you to your appointment. Either you or your physician must then submit the form to RedBrick by September 1, 2018. Results can take up to 10 business days to appear on the site.
- Schedule a screening with Jefferson Outpatient Laboratories. Call 1-800-JEFF-NOW to schedule a free biometric screening with Jefferson Outpatient Laboratories located at 833 Chestnut Street. Be sure to mention "LiveWell@Jeff" when you call. The Lab will send your results to RedBrick.
- Visit our local partner clinic, LabCorp.

Note: You may also find this information on the health screening results (**Know Your Numbers**) page. Click on either LABCORP or YOUR PROVIDER for details.

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+	Health Screenings A health screening is a snapshot of your health. Getting tested can reveal health risks early, when they are easier to prevent or treat. The results are also helpful if you want to reach a personal health goal. Small tweaks to your daily habits can often help improve your results.	
How to get ready for your health screening. 📀 Once RedBrick Health receives your results, it can take up to 10 business days for you to see them online.		
LABCORP	YOUR PROVIDER	